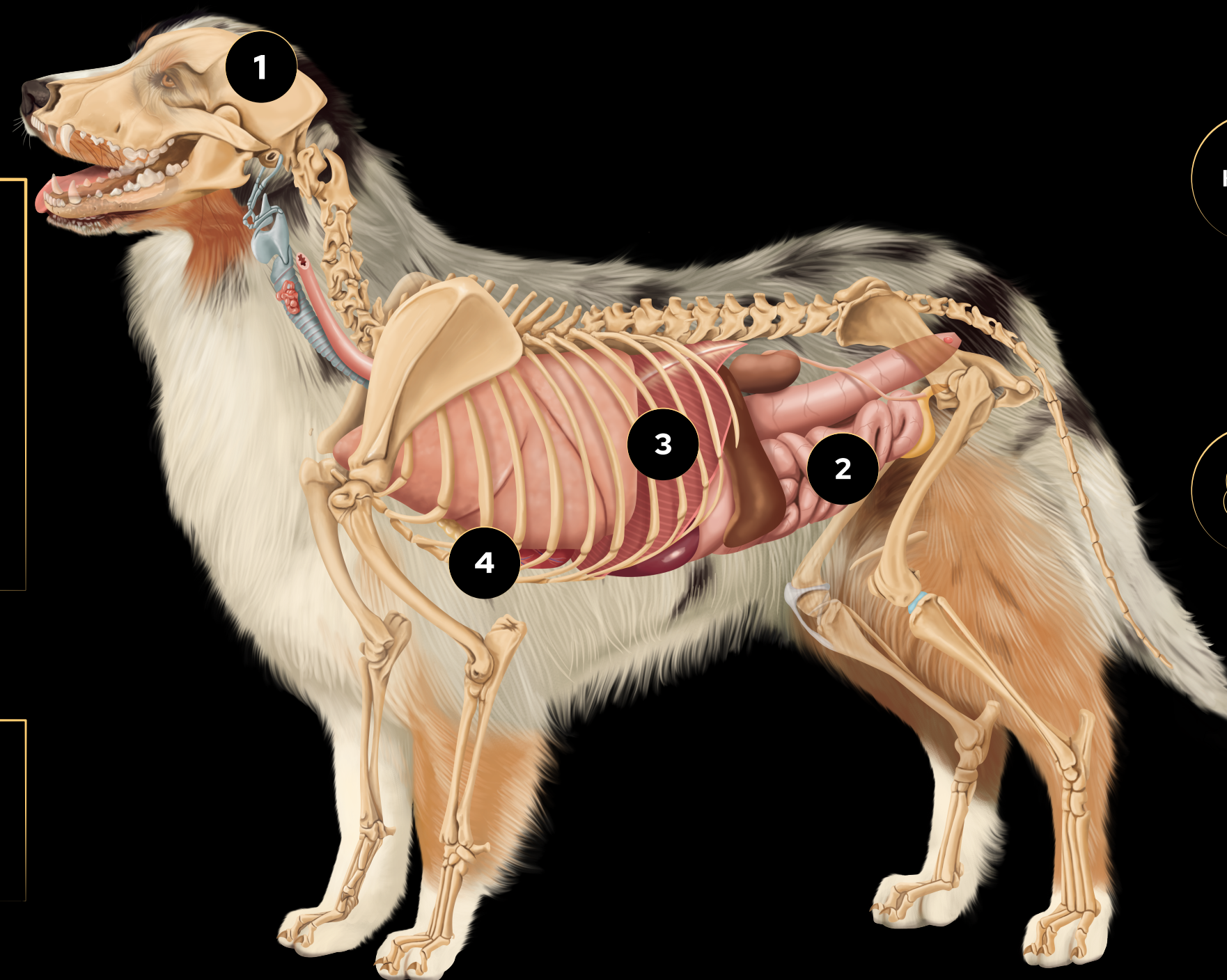


# MCTs – BENEFITS BEYOND THE BRAIN

MCTs (Medium-chain triglycerides) are a unique fat source with vast proven benefits, with powerful potential extending beyond just neurological health.



1

- Provide alternative immediate energy source for brain cells<sup>1,2</sup>
  - Benefit cognitive preservation<sup>2,3</sup>
  - Improve learning capacity<sup>4</sup>
- Reduce frequency of seizures in epileptic dogs by interacting with inhibitory brain receptors<sup>5,6</sup>

2

- Easily digested and absorbed<sup>1</sup>
  - Potential for ameliorating gastrointestinal conditions<sup>7,8,9</sup>

3

KETO

- Promote ketogenesis by rapid metabolisation into ketone bodies in the liver<sup>1,8,10</sup>

4

- Provide alternative energy source for heart cells<sup>1,11</sup>
  - Slow progression of early-stage myxomatous mitral valve disease, reducing left atrial enlargement<sup>12</sup>
  - Lower blood pressure<sup>12</sup>
  - Reduce oxidative stress markers in heart cells<sup>13</sup>



- Potential to improve insulin resistance<sup>2</sup>
- Immunomodulatory properties<sup>2</sup>
- Contribute in helping reduce aging biomarkers<sup>14</sup>

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